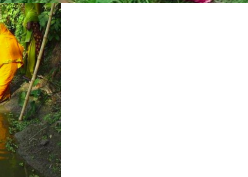


**Feed yourself for a night...
Help feed a family forever.**



To help this cause and help feed a community less fortunate than ourselves, there are several things you can do.

- 1) Purchase tickets for yourself, your family and your friends to attend the MSMHS Interact Club's Pasta Night at Illiano's. Not only do you receive bread, salad, a pasta bowl, and meatball/sausage, but the proceeds will go toward helping AwF build ponds in developing countries.
- 2) Donate money to the MSMHS Interact Club and request that it is sent to Aquaculture Without Frontiers. We will be happy to include your donation with the funds we raise to further assist this incredible cause.

For More Information...

Visit:
aquaculturewithoutfrontiers.com



AQUACULTURE
WITHOUT FRONTIERS

**The Beneficiary of
MSMHS Interact
Club's Pasta Night at
Illiano's**

*Helping developing nations thrive
since 2004*



*All information in this brochure was taken directly from
aquaculturewithoutfrontiers.org*

Overview of Aquaculture Without Frontiers

Aquaculture Without Frontiers (AwF) is a non-governmental organization (NGO) that was established in 2004 with the goal of providing poverty-stricken communities in developing countries with access to fresh fish. The company describes itself and its goals on its website:

“AwF is an independent non-profit organization that promotes and supports responsible and sustainable aquaculture in the alleviation of poverty by improving livelihoods in developing countries.”

AwF states its principles being:

- Provides technical and managerial experience from individuals in the existing aquaculture community, utilizing all age strata, from students to retirees, as appropriate.
- Supports responsible and sustainable aquaculture practices.
- Pays special attention to forms of aquaculture (and associated activities) that have the potential to alleviate poverty and improve health through the provision of 'home-grown' food and the enhancement of livelihoods.
- Recognizes and supports the role that women play in aquaculture and linked activities.
- Ensures that its activities are targeted at benefiting 'grass-root' farmers and SMEs.
- Is culturally sensitive, and non-discriminatory and non-aligned in religion and politics.
- Carries out projects that are carefully monitored and assessed for efficacy.
- Is transparent and accountable in its work.

Benefits of Aquaculture in Impoverished Nations

- Provides employment opportunities and income for families
- High levels of women are participating
- Develops resource management skills
- People are able to participate in aquaculture regardless of their literacy
- People have access to fresh and desirable food
- Promotes environmental awareness
- Changes living standards
- Enhances social dignity



Operational Strategies of Aquaculture without frontiers

It states on the AwF website that: Aquaculture without Frontiers supports aquaculture development for poverty alleviation through improving livelihoods in developing countries by:

- Promoting and introducing practical techniques for small-scale responsible aquaculture.
- Demonstrating appropriate technology for farm construction and operation, including responsible resource use and integration with other income and food generating activities.
- Assisting in product development for consumption and sale/marketing.
- Providing technical and management training for new and existing small-scale farmers, farm workers, extension workers, and agencies (including other NGOs) working to develop aquaculture.
- Increasing awareness of the importance of the aquatic environment, animal welfare, and the potential of aquaculture.
- Helping to build capacity for “seed” supply.
- Promoting the development of micro-credit schemes to support the purchase of ‘seed’, and to assist women to establish aquaculture-based activities designed to provide additional family income.
- Recognizing the frequently landless state and lack of legal rights to water use of the economically poor by maximizing the potential of natural productivity.
- Wherever possible, avoiding ecosystem degradation by turning eutrophication into productivity.
- Working for long-term stability, not just short-term relief.